

YOUTH RETREAT REPORT

Grace Resort, Rodi Kopany, Homabay County

Prepared by: Jane Ondiek

Date of Retreat: 22-4-2026

Venue: Grace Resort, Rodi Kopany, Homabay County

Number of Youth: 12

Departure Point: Oyugis

EXECUTIVE SUMMARY

On behalf of the youth ministry, I am honored to present this comprehensive report on our recent youth retreat at Grace Resort in Rodi Kopany, Homabay County. The retreat was a resounding success, bringing together 12 young people for a day of spiritual enrichment, fellowship, recreation, and mentorship under the gracious leadership and investment of our beloved Bishop.

DETAILED PROGRAMME AND ACTIVITIES

1. DEPARTURE AND JOURNEY

- **Departure Time:** 11:00 AM from Oyugis
- **Youth Participants:** 12 young people
- **Journey:** The journey was smooth and filled with excitement as the youth anticipated the day ahead

2. ARRIVAL AND ORIENTATION

Upon arrival at Grace Resort, we were warmly welcomed by the staff who conducted a comprehensive tour of the facility. This orientation allowed the youth to familiarize themselves with the beautiful environment and the various amenities available, setting a positive tone for the day.

3. RECREATIONAL ACTIVITIES

Immediately following the orientation, the youth engaged in various recreational activities including:

- **Swimming** - The youth enjoyed refreshing time at the poolside
- **Bicycle Riding** - Active engagement and exercise
- **Sun Bathing** - Relaxation and fellowship
- **Sauna** - Wellness and rejuvenation

These activities provided excellent opportunities for bonding, relaxation, and healthy physical engagement among the youth.

4. LUNCH FELLOWSHIP (2:00 PM)

The group gathered for a delightful lunch where:

- Youth enjoyed sodas, chips, and sausages
- Some opted for ugali and chicken
- This mealtime fostered community and informal fellowship

5. HEALTHY TALK SESSION

Following lunch, I had the privilege of facilitating a healthy talk with the girls, focusing on:

Main Themes Covered:

- **Identity in Christ** - Understanding their worth and value in God's eyes
- **Guarding Their Hearts** - Protecting their emotional and spiritual well-being
- **Pursuing Purity** - Maintaining integrity in relationships and conduct
- **God-Given Purpose** - Discovering and pursuing their divine calling
- **Navigating Modern Challenges** - Addressing peer pressure, relationships, and social media
- **Building a Strong Foundation** - Prayer, scripture, and worship as anchors

The session was interactive, engaging, and well-received by the young ladies. Biblical principles were shared alongside practical life applications relevant to their current life stages.

Reference Document: [Link to detailed speech content](#)

6. BISHOP'S ADDRESS AND SPIRITUAL ENCOURAGEMENT

Our Bishop delivered a powerful and inspiring message to the youth, demonstrating both spiritual leadership and practical investment in their lives.

Key Points from the Bishop's Address:

A. Demonstration of Love and Investment

The Bishop transparently shared the financial investment made in this retreat:

- **Fuel (to and from Oyugis):** Not less than KES 7,000
- **Swimming and recreational activities:** Covered
- **Meals and refreshments:** Fully provided
- **Additional amenities:** Included

This transparency taught the youth about sacrificial giving, leadership investment, and the value the church places on their spiritual development.

B. Call to Youth Initiative

The Bishop encouraged the youth to take ownership of church activities by initiating:

- **Worship sessions** - Leading praise and worship services
- **Traditional dances** - Celebrating culture within Christian context
- **Sunday preaching** - Developing their gifts in teaching and preaching
- **Active participation** - Taking responsibility rather than being passive recipients

C. Four Pillars for Building Their Lives

The Bishop emphasized building their lives on four foundational pillars:

1. **Royalty** - Understanding their identity as children of the King
2. **Worship** - Cultivating a lifestyle of worship and adoration
3. **Scripture** - Grounding themselves in God's Word
4. **Prayer** - Maintaining constant communion with God

D. Scripture Reading and Application

The Bishop read and expounded on **Genesis 18:19**:

"For I have chosen him, so that he will direct his children and his household after him to keep the way of the LORD by doing what is right and just, so that the LORD will bring about for Abraham what he has promised him."

This passage emphasized:

- The importance of godly legacy
- Teaching the next generation
- Obedience to God's ways
- God's faithfulness to His promises

7. WORSHIP AND PRAYER

The Bishop invited Lyam to lead the youth in worship, creating a beautiful atmosphere of praise and surrender. The session concluded with a powerful prayer over the youth, commissioning them for greater purpose and blessing their futures.

8. CLOSING CELEBRATION

Before boarding the vehicles, the youth participated in a joyful dance at the reception area, which was recorded. This spontaneous celebration reflected:

- The joy and freedom experienced during the retreat
- Unity and fellowship among the youth
- A memorable conclusion to a blessed day

9. DEPARTURE

Departure Time: 6:00 PM from Grace Resort

OUTCOMES AND IMPACT

The retreat achieved several significant outcomes:

Spiritual Impact

- Youth received practical teaching on Christian living and identity
- Deep spiritual truths were imparted through the Bishop's teaching
- A foundation for godly living was reinforced
- Prayer and worship created lasting spiritual impressions

Relational Impact

- Stronger bonds formed among the youth
- Mentorship relationships were strengthened
- Sense of belonging to the church community deepened
- Gender-specific guidance provided (girls' session)

Motivational Impact

- Youth were inspired to take initiative in church activities
- Vision for their future was enlarged
- Understanding of their value and potential increased
- Commitment to excellence and godly character reinforced

Recreational Impact

- Healthy leisure activities modeled
- Physical wellness and exercise encouraged

- Positive memories created
 - Balance between spiritual and physical well-being demonstrated
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LESSONS LEARNED

1. **Investment Yields Returns** - The Bishop's financial and personal investment created lasting impact
 2. **Holistic Ministry** - Combining spiritual teaching with recreation creates well-rounded development
 3. **Leadership by Example** - Transparent sharing of costs taught stewardship and sacrifice
 4. **Youth Engagement** - Young people respond powerfully when invested in genuinely
 5. **Strategic Location** - Quality venues like Grace Resort enhance the retreat experience
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RECOMMENDATIONS FOR FUTURE RETREATS

1. **Frequency** - Consider making such retreats quarterly to maintain momentum
 2. **Expansion** - Plan separate retreats for boys to address gender-specific issues
 3. **Follow-up** - Establish mentorship groups to continue discussions started at the retreat
 4. **Youth Leadership** - Begin training youth to lead portions of future retreats
 5. **Documentation** - Continue recording key moments for memory and testimony
 6. **Budget Planning** - Establish a youth retreat fund to sustain these valuable experiences
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EXPRESSION OF GRATITUDE

To Our Bishop

We express our deepest gratitude to our Bishop for:

- His sacrificial financial investment (KES 7,000+ for fuel alone, plus all other costs)
- His personal presence and powerful teaching
- His vision for youth empowerment
- His commitment to building the next generation
- His transparent leadership and genuine love for the youth

Your investment is sowing seeds that will bear fruit for generations to come.

To Grace Resort Staff

For their warm welcome, excellent service, and professional hospitality throughout our visit.

To the Youth

For their excellent behavior, active participation, and receptive hearts to spiritual instruction.

To All Support Team

For making this retreat possible through prayers, planning, and practical assistance.

CONCLUSION

The youth retreat at Grace Resort, Rodi Kopany was an unqualified success. From the moment we departed Oyugis at 11:00 AM until our return at 6:00 PM, every aspect of the day contributed to the spiritual, emotional, and social development of our 12 young participants.

The combination of quality teaching, recreational activities, spiritual worship, and the Bishop's personal investment created an environment where hearts were opened, minds were challenged, and spirits were lifted. The youth left not only with beautiful memories but with practical tools for building their lives on Christ.

As we move forward, may the seeds planted during this retreat continue to grow, producing young people who are grounded in royalty, worship, scripture, and prayer - young people who will take initiative in building God's kingdom and impacting their generation.

The retreat was indeed a success, and we give God all the glory!

Submitted by:

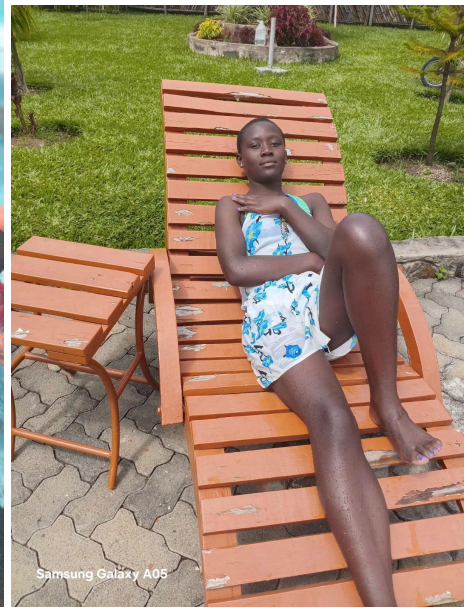
Jane Ondiek
Youth Ministry

For:

Bishop's Review and Sunday Church Presentation

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." - Jeremiah 29:11

PICTORIALS



Samsung Galaxy A05



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